



LEILA C. SAAD  
SABIS® School El-Metr



## *The School Buzz*

Term Three Issue  
2023-2024



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### Art Gallery

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### Football Tournament

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### Teacher's Day

Students poured their gratitude into thoughtful gestures and messages to their educators.

### Grade 12 Graduation

Amidst the cheers and tears, the Class of 2024 gracefully turned their tassels, marking the end of a significant chapter and the beginning of new horizons.

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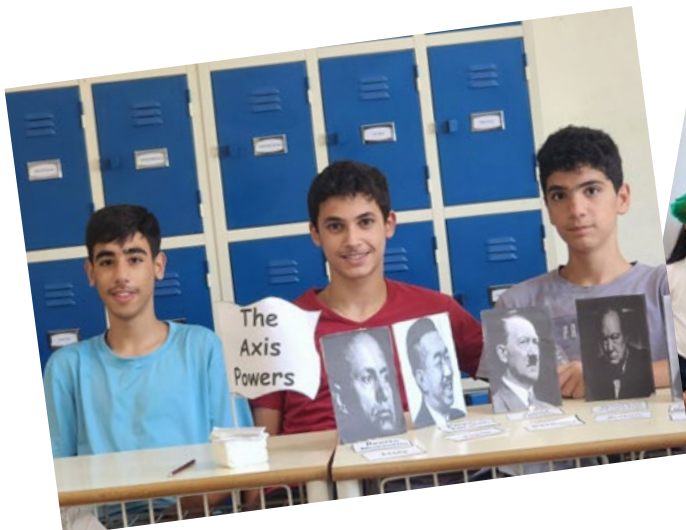
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## *Letter from Dr. Zakieh Naimy*

Leila C. Saad SABIS® School El-Metn is not only a school, it is a nest where students and teachers grow in a positive and nurturing environment. It is a happy place where a difference is made every day. The 2023–2024 academic year was so special because of the outstanding successes of our students throughout the year. Our graduating class has achieved exceptional results and we are proud to say that many of our students will be joining prestigious universities this fall to pursue their dreams.

Not only have our students excelled academically, but they have also created a healthy and inclusive school environment where everyone feels supported and welcomed. Our students have participated in various activities inside and outside the school, from sports teams to academic clubs, which have enriched their overall school experience.

We take this opportunity to commend our graduating class for their hard work and dedication, and we wish them the best as they embark on this new chapter in their lives. We know they will go on to achieve great things and make us proud.

We are grateful for the wonderful community we have here at Leila C. Saad SABIS® School El-Metn, and we look forward to seeing what the future holds for our students. Thank you to everyone who has played a part in making our school a place where students can thrive, dream, and succeed.

**Zakieh Naimy, Ph.D.**  
**Acting Director**



# Academics

## Science Department *The Importance of Science*

Science is an essential component of society as it provides the framework for understanding the world around us. Through scientific research and experimentation, we are able to make advancements in technology, medicine, and various other fields. Science allows us to answer questions about the natural world, develop new technologies, and improve the quality of life for billions of people. Without it, we would be limited in our understanding and unable to make progress in solving some of the world's most pressing issues. In essence, it is the key to unlocking the mysteries of the universe and driving human progress forward.

**Christina Abou Ali**  
Science Subject Analyst



## KG Department *The Importance of Kindergarten*

Kindergarten is an important step in a child's educational journey, providing a transition between early childhood education and formal schooling. This time, which generally occurs in children aged four to six, is critical in determining their basic cognitive, social, and emotional skills. The Kindergarten Department at Leila C. Saad SABIS® School El-Metn aims to create a secure, loving, and exciting environment in which our young students may explore and discover the delights of learning.

Reading, in particular, improves language skills, broadens vocabulary, and stimulates imagination and creativity. Together, education and reading foster a love of learning, improve concentration, and boost cognitive development. Prioritizing education and reading from an early age prepares children for the rigorous path in academia and provides them with the information and skills they need to succeed in life.

**Tatiana Bou Zeidan**  
KG Homeroom Teacher



## KG Activities

Through engaging activities focused on promoting a healthy lifestyle, our Kindergarten students embarked on a fun and educational journey. The students explored the concept of balanced nutrition through hands-on cooking classes, where they joyfully prepared colorful and nutritious fruit and vegetable salads. These activities not only encouraged healthy habits but also fostered a positive and holistic approach to well-being in our young learners.







## *The Arts, Music, & Sports*

### **Art Gallery**

Our art exhibition reflected the beauty and diversity of Lebanese culture. Imagine walking into the exhibition and being greeted by a stunning collection of paintings depicting the picturesque landscapes of Lebanon, from the ancient ruins of Baalbek to the bustling streets of Beirut. Vibrant colors and intricate details bring to life the rich history and cultural significance of each scene. As you explore further, you come across the iconic Lebanese symbols, such as the Cedar tree or the Phoenician alphabet. All paintings are crafted with precision and care, showcasing the talent and creativity of our students inspired by Lebanon's unique identity.

Overall, the art exhibition served as a visual journey through the cultural tapestry of Lebanon, fostering appreciation, understanding, and respect for the country's heritage among students, teachers, and visitors alike. It celebrated the diversity and richness of Lebanese culture, sparking conversations and connections that transcend borders and foster unity within the school community.





يحتل قسم الفنون في مدرستنا أهمية كبيرة، ولا سيما أنّ الفنّ هو وسيلة للتعبير عن الذات بطريقة خلاقية. وقد برز ذلك واضحاً من خلال مواهب تلامذتنا الأعزاء الذين تعلّموا المبادئ الأساسية للرسم، وتعرّفوا إلى بعض المدارس الفنيّة، وأساليب بعض الفنّانين العالميين، ما أتاح لهم التعبير الفنّي الجميل من خلال تقنيّات جديدة في أشغالهم اليدويّة التي عُرضت للأهل والزائرين في اليوم المخصّص لفعاليّة الأبواب المفتوحة لمدرستنا. لقد أظهر تلامذتنا براعة في تقديرهم واحترامهم لتراث بلدهم لبنان، إذ كان عنوان المعرض: "بحبك يا لبنان".

**Zeina Makarem**



## Music Room

*"Music is a more potent instrument than any other for education."* - Plato  
Music is a creative outlet for self-expression. It encourages teamwork and collaboration, improves concentration and memory retention, and fosters a positive and inclusive classroom environment. By integrating music into our school curricula, we create a well-rounded learning environment that nurtures creativity, emotional intelligence, and academic success.

**Farah Bou Antoun**





## Football Tournament

The love for P.E. at our school shines through in every session, and it was especially evident at the recent football tournament, where our talented team had a blast and achieved a commendable semi-final finish. By engaging in football competitions among schools, our students learned how to collaborate, communicate effectively, and support one another both on and off the field. They demonstrated sportsmanship and teamwork during each competition.

**Nour Corban**



## Science Lab

### Heart Dissection & Chemistry Lab

Our students engaged in exciting hands-on experiments to investigate, carefully observe, apply theoretical knowledge in a practical setting, and foster teamwork, critical thinking, and problem-solving skills. It was a hands-on learning experience that ignited their passion for science and left them with a deeper understanding of the principles at play.





# Student Life Organization (SLO)

## Introduction

The SLO organized a diverse range of engaging and impactful activities that sparked curiosity and positively influenced the students. These memorable activities have truly enriched our students' experiences and helped them grow both personally and academically.

## Academic Department Shadow Teaching

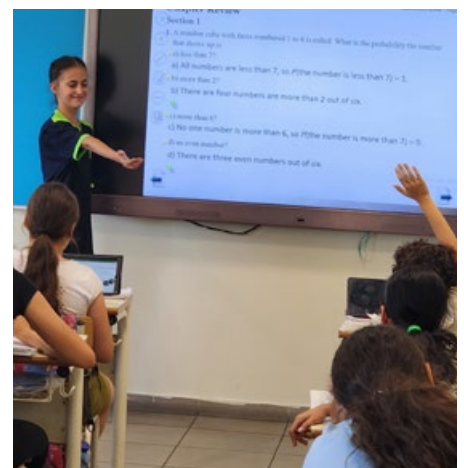
Shadow Teaching has been the most rewarding experience of my eight years of education at SABIS®. It is essential for every student as it fosters the development of confidence in public speaking. Although it may initially seem daunting, the process of explaining concepts to my classmates and witnessing their comprehension brings me great satisfaction, knowing that I was able to assist them. Shadow Teaching is an invaluable experience that equips students with practical, real-life skills.

Yasmina Al Mallah



## Shadow Teaching Day

Engaging in Shadow Teaching offered students a unique opportunity to shine and demonstrate their knowledge and abilities in a real-world setting. By stepping into the role of a teacher, they not only showcased their mastery of the subject matter but also honed their communication and leadership skills. Through this immersive experience, students gained a deeper understanding of the material by teaching it to their peers, fostering a collaborative and interactive learning environment. The process of Shadow Teaching empowered students to take ownership of their education, fostering confidence and a sense of accomplishment as they shared their expertise with others.





## Math Competition

The school math competition was not only a test of mathematical ability but also a celebration of critical thinking, problem-solving, and teamwork. It fostered a love for numbers and logic, inspired confidence in students' mathematical abilities, and cultivated a spirit of friendly competition and academic achievement within the school community. Students worked together to pool their talents and perspectives to crack the toughest problems. Collaboration and communication were key as participants shared insights, explained their reasoning, and supported each other in their quest for mathematical mastery.



## Spelling Bee

Our Spelling Bee Competition was a jubilant celebration of language mastery and intellectual prowess. Participants adorned with determination and grit faced a myriad of challenging words, showcasing their linguistic finesse and tenacity. The event buzzed with energy as spellers navigated through intricate phonetics and etymology, captivating the audience with their spellbinding performances. Amidst the cheers and encouragement, the competition served as a testament to the beauty and power of language, uniting students in a shared appreciation for words and their meaningful impact.





## Outreach Department Teacher's Day

On Teacher's Day, students poured their gratitude into warm gestures and thoughtful messages to show their appreciation for their educators. The SLO created handmade cards with colorful drawings and heartfelt notes expressing their admiration and thanks. These small gestures and messages not only brought smiles to their teachers' faces but also created a warm and memorable atmosphere of recognition and appreciation on this special day.



## Teacher Appreciation Week





## Discipline Department

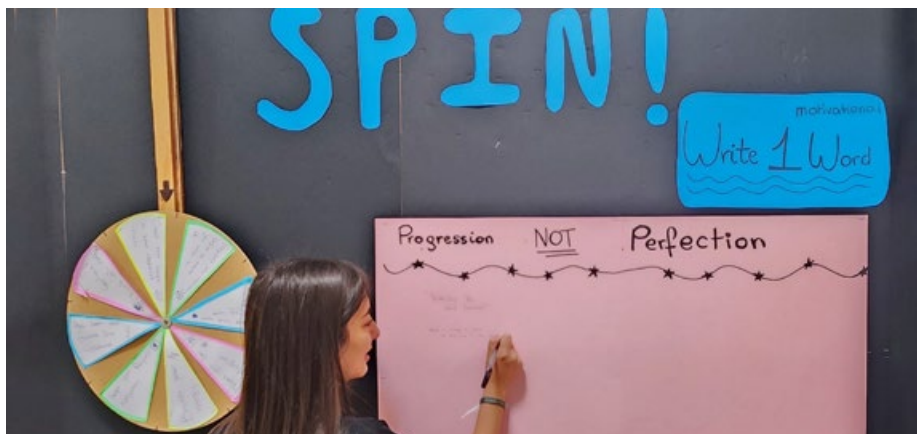
### *Youth as Agents of Behavioral Change Campaign with the Lebanese Red Cross*

Our Grade 10 students were engaged in activities with the Lebanese Red Cross Youth Department – Falougha. These experiences equipped them with valuable skills that can indeed empower them to make a positive impact in their community. Developing skills such as critical thinking, non-violent communication, empathy, active listening, social inclusion, personal resilience, and promoting gender equality are crucial for fostering a more inclusive and understanding society. These activities have influenced the students' perspectives on community involvement and social change.



## Mental Health Awareness

By actively engaging in the Mental Health Awareness Club, students not only gained knowledge about mental health but also developed empathy, compassion, and support for those facing challenges. The club served as a vital resource for promoting mental health literacy, advocating for mental health support services, and fostering a culture of understanding and acceptance within the school community.

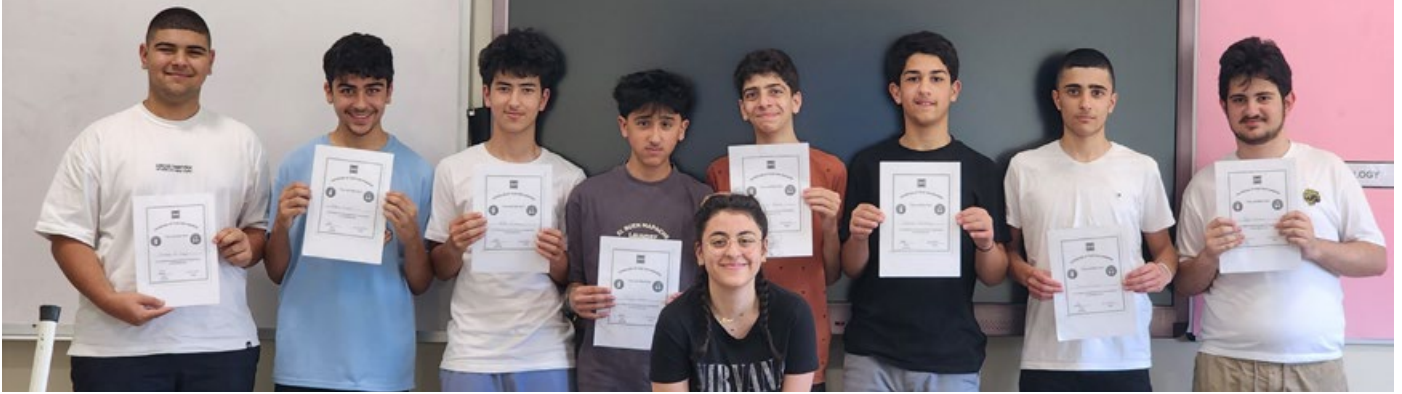




## Activities Department

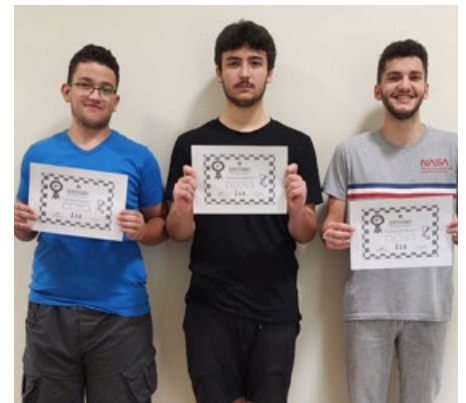
### Diplomacy Club

The Diplomacy Club played a crucial role in enhancing students' critical thinking, public speaking, and research skills. It provided a platform for students to express their opinions, engage in constructive arguments, and develop the ability to articulate their thoughts effectively. By participating in debates, students learned to analyze complex issues, consider multiple perspectives, and communicate their ideas persuasively.



### Chess Competition

The School Chess Competition buzzed with excitement as students gathered to showcase their strategic prowess and mental agility. Each player deep in thought, contemplated their next move with intense focus. The School Chess Competition not only fostered critical thinking skills and decision-making abilities but also promoted sportsmanship and teamwork among participants. It was a thrilling event that brought the school community together, uniting students in a shared passion for the timeless game of chess.





## Field Day

Cheers and laughter filled the air on our Field Day. It was an energetic and fun-filled event that brought together classmates for a day of friendly competition, team-building activities, and outdoor excitement. Imagine a sunny day at the school field, buzzing with anticipation as students gather in their teams, ready to take on a variety of challenges and games.

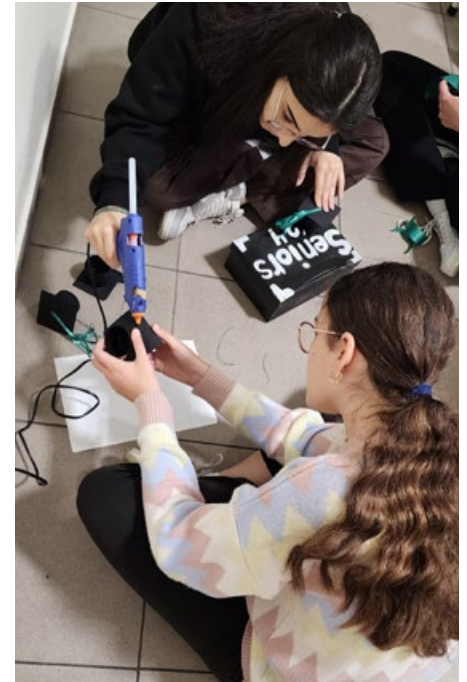


## Seniors' Last Day of School

The seniors' last day at school is a time to celebrate endings and new beginnings, to honor the bonds that have been formed and the memories that will endure. It's a day of joy, gratitude, and reflection, marking the close of one chapter and the opening of many more to come. As our seniors walked through the halls one last time, they were greeted by younger students cheering, clapping, and holding up handmade signs expressing appreciation and well wishes.

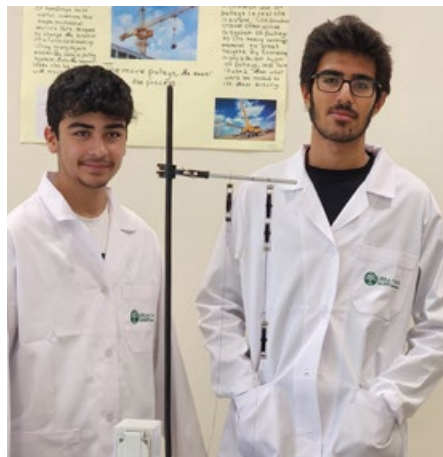






## Open House

It's wonderful to see our students actively participating and showcasing their talents in such an engaging Open House. These types of events truly nurture their confidence and passion for learning. By presenting their projects and engaging with a wider audience, students not only gain valuable presentation skills but also develop a sense of pride and accomplishment in their work. It's inspiring to witness our students taking ownership of their projects and sharing their knowledge with others. Such opportunities play a crucial role in shaping well-rounded individuals ready to take on new challenges.





## ***Trips***

### **KG 2 – KG 3**

Embarking on a thrilling adventure to the zoo, our KG 2 and KG 3 students immersed themselves in a world of wonder and discovery. Every moment was filled with awe and excitement. The lively energy of the students as they explored various habitats and encountered exotic wildlife truly made the field trip a memorable experience. Through this immersive journey, our students not only learned about diverse ecosystems and animal species but also forged unforgettable memories that will last a lifetime.



### ***Grades 1-3***

Our students in grades 1, 2, and 3 had an enjoyable and amazing trip to the Lebanese Marine and Wildlife Museum, where they had the opportunity to see various marine life exhibits, learn about different ecosystems, and even participate in interactive activities related to wildlife conservation. It was a fun and educational trip!





## Grades 4-6

Our students in grades 4, 5, and 6 delved into the fascinating world of ancient civilizations through their trip to the museum. As they wandered through halls adorned with relics and artifacts, the air was thick with a sense of history and mystery. Each exhibit transported our students back in time, igniting their curiosity and imagination. The interactive displays and knowledgeable guides provided a deeper understanding of the rich cultures and traditions that shaped our world today. This immersive experience not only enriched their historical knowledge but also sparked a sense of wonder and appreciation for the legacies of ancient civilizations.



## Grades 7-8

After their enriching trip to the mineral museum, our students in grades 7 and 8 were filled with newfound knowledge and excitement. Exploring the dazzling array of minerals and gemstones, they were fascinated by the vibrant colors, unique formations, and diverse properties of each specimen. From rare crystals to shimmering geodes, every exhibit sparked their curiosity and imagination. By observing the geological processes that create these natural wonders and learning about their practical uses in various industries, the students gained a deeper understanding of the Earth's rich mineral resources. This hands-on experience not only broadened their scientific knowledge but also inspired them to marvel at the beauty and complexity of the natural world around them.





# Graduation

## KG 3 Graduation

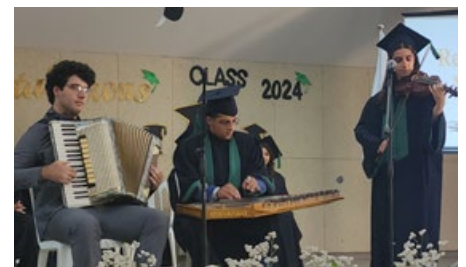
With colorful caps and vibrant smiles, our little graduates of Kindergarten Class 2024 bid farewell to their first school years. From learning the ABCs to forming friendships that will last a lifetime, our youngest scholars have bloomed beautifully. As they eagerly look ahead to new adventures, we celebrate their achievements and the joy they have brought to our school community.





## Grade 12 Graduation

Amidst the cheers and tears, the Class of 2024 gracefully turned their tassels, marking the end of a significant chapter and the beginning of new horizons. Memories made, lessons learned, and friendships forged will forever be etched in the hearts of our graduates as they step confidently into the next phase of their lives.





# Class Photos

Capturing priceless moments, unity, and friendship. Each smile reflects the unique personality and bond that make each class one of a kind.



KG2



KG3



Grade 1



Grade 2



Grade 3



Grade 4



Grade 5





Grade 6



Grade 7



Grade 8



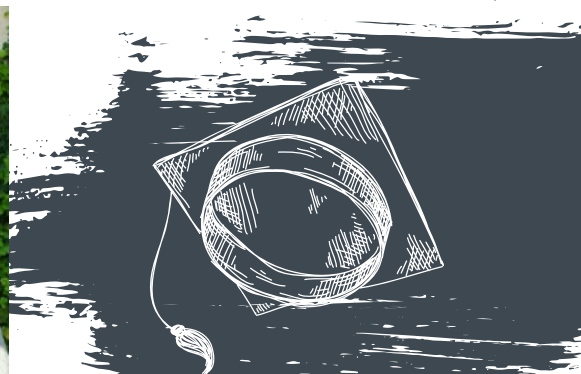
Grade 9



Grade 10



Grade 11



Grade 12



# Staff Photos

Fostering teamwork and a sense of belonging, the SABIS® family is always dedicated and committed to providing a nurturing and supportive learning environment for our students.



Activities



Admins



Arabic



English



KG



Science & Math





SABIS®



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