



SABIS[®] School El-Metn
El-Mtein, Lebanon

A Letter from the Director

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From the Desk of the Office
Manager

IT: An Administrator's Perspective

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Newsletter

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Halloween Party



2016-2017 Calendar Competition

SABIS® School El-Metn Welcomes
The Regional Centers of Lebanon
and the U.S.



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A Letter from the Director

في عامها الرابع..



في ميلادها الرابع، انتقلت مدرسة سابس SABIS® المتن من قرية ضهور الشوير الوداعة إلى قرية المتين العريقة. يقع مبنى المدرسة الجديد، الذي لم يستغرق تشييده أكثر من عشرة أشهر، على تلة صغيرة تطل على الوادي والجبل. وإنّ الناظر إلى مباني المدرسة وما يحيط بها من ملاعب ومواقف وحدائق، يلاحظ سكون تلك البقعة الجميلة وهدهدها. ما إن تطأ رجليك عتبة المدرسة، حتّى يستبدّ بك ذلك الشعور بالحيويّة التي تشبه قوّة الحياة، وتغمرك تلك الحماسة التي تشبه تلك في عيون الشباب، ويجتاحك ذلك العناد الذي يشبه عناد الرّهور المنبثقة من بين الصّخور التي تسيّج المكان.

التلامذة من صفّ الروضة الثانية حتّى السّنة التاسعة يتسابقون في جنبات صفوفهم الواسعة والملوّنة على تسميع الدّروس حيناً، وحلّ التّمارين على حواسيبهم اللّوجيّة أحياناً. في أوقات الاستراحة، ترى بعضهم منهمكاً في تنظيف الصّفوف وترتيبها، وبعضهم الآخر جالساً بالقرب من زميله يساعده على فهم قاعدة إملائيّة أو معالجة مسألة رياضيّة.

الكلّ يعرف في مدرستنا أنّ النّجاح الأكاديميّ هو أولويّة مطلقة. فتلامذة سابس SABIS® المتن يتابعون، كسائر رفقائهم في مدارس لبنان، الدّروس نفسها في الموادّ الأساسيّة ويخضعون للامتحانات عينها. غير أنّ نشاطات أخرى غير أكاديميّة قد تركت أثراً جميلاً في نفوس أولادنا ومعلّماتنا. وما يميّز الجانبين الأكاديميّ وغير الأكاديميّ، هو روح الالتزام، والتّفاني، والصّدق، والعمل الدّؤوب، والمحبة التي تميّز جميع العاملين في هذا المكان الهادئ الجميل.

في سنتها الرابعة، تحتضن مدرستنا حوالي 220 تلميذاً وتلميذة انضمّوا إلى قافلة طويلة من التّلامذة عمرها من عمر المدرسة الأمّ في الشّويفات، التي نحتفل هذه السّنة بميلادها الثلاثين بعد المئة. ما يجمع بين هؤلاء التّلامذة، إيمانهم القويّ بقدرّة العلم على تحويل العالم إلى مكان أفضل، وبسحر المعرفة القادرة على بناء إنسان يعتزّ بإنسانيّته ولا يعتزّ بنفسه؛ ولا يفرغ قلبه من الدّعة والعطاء والمحبة.

أن تكون في ربوع هذه المدرسة الوداعة، يعني أن تكون مشحوناً بشحنة عجيبة من ذلك السّلك الذي يصنع من الصّخرة ورده، والذي يحول اللّغز إلى حقيقة.

بورك جميع العاملين في هذا المكان الفريد.

زكيّه نعيمه

Academics

The Value of a SABIS® Education

Being a member of the SABIS® School El-Metn team is being part of a mission to help our students grow and motivate them to improve progressively. Although our main focus is on academics, we also target all aspects of students' lives by instilling in them necessary values like integrity, honesty, and loyalty. At SABIS® School El-Metn we provide our students with tools that help them develop their skills and achieve success in a changing world. It is indeed a very challenging mission but with our students' and teachers' commitment we are sure that success is within our reach. It is always rewarding to see our students grow into mature and independent individuals with big dreams and greater hope for a better future.

Glenda Najm – AQC



Building Self Reliance in a Changing World

As we examine education in today's world we ask ourselves, "How are we educating our children, and how is this education helping them prepare for their future?" There has been a lot of discussion in the last few years about the traditional systems of education and whether or not they are doing the job our future needs.

SABIS® has created an Integrated Learning System® that we, at SABIS® School El-Metn have launched this year in levels E, F, G, H, and K in English, Math, and Science, which holds great promises. The ILS® is a system, a method, and a philosophy of education whereby the students acquire knowledge by their own efforts. We have provided our students with tablets where all their SABIS® books are available. Through the ILS® sessions, students are trained to read and comprehend the explanation, while teachers monitor the class activity through their screens. Once they have read the explanation, they move to solving the activities individually. Meanwhile, teachers check the students' progress on their screens and get instant and accurate feedback to assess students' knowledge after the session and re-explain if necessary. Through ILS®, students are becoming active, independent learners, motivated to learn, resilient and persistent. They also develop strong reading, time management, and comprehension skills. By encouraging students to learn independently, we also provide them with skills that will serve them well in the future. In an ever-changing world, the best gift we can give the future generation is the skill of self-reliance that equips them to learn and grow in a fast changing environment and embrace change as it comes.

Hiba Moujaes – AQC



From the Desk of the Office Manager

Working in education and with children has always been my passion. My ten years of teaching were an enjoyable challenge. Seeing my students grow into successful adults was more than rewarding to me.

When I was offered a job at SABIS® School El-Metn as the Office Manager I was nervous but also thrilled at the opportunity. It was a demanding position, but I knew that joining SABIS® and working in such a professional and caring environment would be an honor.

Office management comes with a lot of responsibilities and daily challenges. From ensuring that the operation of the school runs smoothly and efficiently, to organizing parents' advising workshops.

This year's parents' advising revolved around keeping kids healthy, knowing that we, at SABIS®, believe that our students' health is just as important as their education. The mothers of our students were invited to attend a short conference presented by Dr. Naimy, who discussed all the small but important health and hygiene issues. The SABIS® family, staff, and parents, are now working hand in hand for the welfare of the students.

Many might think that small efforts do not make a difference, but every big accomplishment and every huge difference starts with small steps.

Janine Zreik – Office Manager



IT: An Administrator's Perspective

It has been two years since I started working at SABIS® School El-Metn. I am very happy to be a part of the SABIS® family especially that we all work as one team. In these two years, I gained a lot of experience and learned how to work under pressure to complete my job in the best way I can.

This year and after moving to the new campus in El-Mtein, many things have changed concerning new IT projects and the introduction of new techniques in the hands of the students that will help them prepare for the real world.

The new ITL® hall that can seat up to 300 students taking their exams on laptops in one sitting is one of the new features of the new campus. Using the SABIS® proprietary computer-based examination system, the Integrated Testing and Learning® (ITL®) system, enables students to combine testing with active learning.

In December 2015, SABIS® School El-Metn also introduced E-books in grades 2,3,4,5 and 8 (levels E, F, G, H, and K). Rather than carrying heavy books, students in these grades are now carrying tablets that contain digitalized versions of titles from the SABIS® Book Series. SABIS® E-books include interactive digital features such as animations, videos, audio recordings and much more to enhance the learning process. With this technology, the classroom is a happier place. Students are excited about using technology and therefore are more ready and willing to learn.

Joseph Maalouf – IT Administrator



SABIS *Student Life Organization*®

A Letter from the Student Life Coordinator

The SABIS Student Life Organization® (SLO®) is a very important feature of the SABIS® Educational System and works to support academic and non-academic programs at the school. It helps create a positive and active atmosphere at school.

The SLO® offers students the opportunity to gain valuable life skills, develop their personalities, and promote high social and moral values. It prepares the students to be active members of their communities, to make a difference at school, with each other, and in the society by instilling the skills and importance of working together.



My mission at SABIS® complements the academic environment, by giving the students the tools and training that will impact their lives forever. Working at SABIS® School El-Metn has changed me, being around students all day gives me the opportunity to create a strong bond of trust with them and has taught me patience, the value of friendship, peace, and calmness.

The SLO®, with the help of the SLO® team and prefects, organized a variety of activities this year including a Halloween party, the holiday performance, a celebration for Mother's and Teacher's Day and much more.

Haneen El Moghrabi – SLC

Academics

The SLO® works in active partnership with the teachers to support students who need additional support and give them the opportunity to learn and succeed. In coordination with the AQC's students who need support are identified and included in the peer-tutoring program. Prefects are engaged in tutoring their peers from Monday through Friday from Grade 1 to Grade 9 in all academic subjects.



Shadow Teaching

We believe that our students must take an active role in their education as well as the education of their peers. This is why at SABIS® School El-Metn, we have Shadow Teachers® for every class and each subject. Shadow Teaching® gives students the opportunity to express their leadership skills and teaching abilities as well as prepare them to work independently and responsibly.



Recycling



The SLO® Social Responsibility Department plays a very important role in the organization of the recycling process at school. To create awareness on recycling, SLO® prefects posted a big bulletin board in the playground, explained the importance of recycling to the students, and put recycling boxes in every class and office to promote the process. Every Friday, prefects from the SLO® Social Responsibility Department collect the papers and move them to the recycling room where they are stored until they are delivered to the recycling plant once every two months.

Do It for Me Mom



In October, we had guests from "Warriors in Pink" for their "Do It for Me Mom" Campaign. The guests met with the students from grades 2 to 9 and talked about the importance of a healthy lifestyle, what and how we should eat to stay healthy, and how to

protect ourselves from illnesses. They also asked students to encourage their mothers to get regular checkups to raise awareness on certain diseases.

Proud of Our Student



Congratulations to our young Rhythmic Gymnast Sophia Bou Zeidan (Grade 4 – level G).

The Competition among other Sports clubs was held in Dubai U.A.E on the 18th of March, 2016 and involved participants from all Arab countries.

In the competition, Sophia won two golden medals and posted the highest scores in free and apparatus (Hoop) routines with nearly one full point ahead of other competitors (9.4 and 9.5 out of 10).

WELL DONE SOPHIA!

Halloween Party



On Friday, October 30, 2015, we organized a costume party at the school to celebrate Halloween. All students participated in this event from preparing costumes to decorating the playground. The event was a great chance for students to spend time together and with their teachers outside the classroom setting.



Field Trips



Field trips can be informative, educational, and fun all at the same time. On Thursday, April 28 2016, the SLO® Activities Department organized a field trip to Kassatly, Chtaura for students in grades 4 to 8.

The students were very excited about the trip and showed up at the school energetic for the day ahead. At the factory students learned how jam, juice, and beer are produced. Once we finished touring the factory, we went to the Public Park in Zahle where we had lunch. It was an enjoyable experience for both students and staff.

The English Department

Teaching at SABIS® School El-Metn

When I started teaching this year at SABIS® School El-Metn, I didn't know what to expect. My job carried different challenges, among which sharing knowledge, inspiring students, and motivating them to keep up the good work.

Every Monday morning, before the first bell rings, I prepare my classes for the coming week and then the journey commences with a mixture of excitement and apprehension. It isn't always easy to be on pace and make sure all students understand the lesson and most importantly feel happy in this journey of learning. However, the stress fades away as soon as I look in the eyes of my students and see how eager and willing they are to learn. Hearing "Good Morning Miss Pauliana" as soon as I enter the classroom is enough to make my day and give me the motivation to continue.

Throughout this year I witnessed amazing and priceless reactions from my students, many laughs, many quiet smiles, many cries, many moments of hesitation, and all of them learning something new. These memories we shared will forever be engraved in my heart.

This was my first year of teaching, I will never be able to compare this experience to any other experience I have had or will have. These were my first students and I am thankful for teaching every single one of them, these colorful and unique flowers in my garden of knowledge.



Pauliana Eid – English Teacher

“A Child Who Reads Becomes An Adult Who Thinks”



Learning to read is a complex process where each new skill is built on the mastery of previously learned ones. At first, children acquire decoding and blending, later on they begin to comprehend the meaning of the words, sentences and ultimately, entire passages. To foster a lifelong relationship with printed words, Level C students were encouraged to choose a book for extra reading at home, which would be exchanged once a week when read fluently. Excellent results have been achieved since launching this program; with a little motivation, Level C students are becoming fluent readers despite their young age. Finally, each student in our class believes that they can make a difference in this world. Together we celebrate each other's success and inspire one another to reach our full potential.

Tatiana Bou Zeidan – Level C Teacher

The Arabic Department

إنَّ للغة قيمةً جوهريَّةً في حياة كلِّ أمةٍ، فهي الأداة التي تحمل الأفكار وتنقل المفاهيم، فتقيم بذلك روابط الاتِّصال بين أبناء اللغة الواحدة. أمَّا لغتنا العربيَّة فهي التَّرسنة التي تحمي مجتمعاتنا وتحفظ هويَّتها وكيانها، وتحميها من الضَّياع والدَّوبان في الحضارات والأُمم الأخرى.

لذلك، وأنطلقاً من حرصنا على اتِّباع الأسس الصَّحيحة والمتقدِّمة في إيصال هذه اللُّغة إلى التِّلَامِيذ، أدخلت التَّكنولوجيا في موادنا لجميع المراحل التَّعليميَّة، من خلال الألواح الذَّكيَّة والكتب الإلكترونيَّة التي تساعد التِّلَامِيذ على استيعاب المَوَاضيع المقدَّمة، والانسجام معها، والاستمتاع بها مع حصر حواسهم للتَّركيز على النِّقطة المطلوبة.

وكذلك تمَّ تزويد مكتبة المدرسة بالقصص المتنوعة، وسيلةً للتَّشجيع الدَّائم على المطالعة، لما لها من دورٍ في زيادة الوعي التَّقافِي في اللُّغة.

بالإضافة إلى المتابعة يوميًّا، عبر حصصٍ إضافيَّةٍ، تقوم على مساعدة التِّلَامِيذ لبعضهم بعض، أثناء فترة الاستراحة، وبإشراف المعلِّمة، لترسيخ المواد المطلوبة في ذهنهم.

ربي مظلوم – لغة عربيَّة



Events and Performances at SABIS® School El-Metn





The Holiday Play



Mother's Day & Teacher's Day



2016-2017 Calendar Competition



Moufida Barbouj (Grade 8 - Level K)



Elie Fakhry (Grade 8 - Level K)



Nour Kiamé (Grade 2 - Level E)



Riwa Abou Akl (Grade 6 - level I)



Mia Bou Zeidan (Grade 6 - Level I)



Chadi Tebchrany (Grade 4 - Level G)



Sara Hassoun (Grade 7 - Level J)

Niveen Abou Antoun – Art and Music Teacher

Sports at School

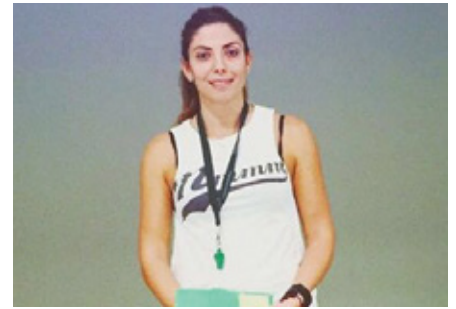
Relay Races

On Thursday, November 19, 2015, and Tuesday, April 26, 2016, we organized relay races where four teams of different colors competed against each other. The teams included teachers and students from all grades and the entire school gathered to cheer for and support their favorite team.

It was a great success!



A Sports' Period



Elissar Moujaes – PE Teacher

SABIS® School El-Metn Welcomes The Regional Centers of Lebanon and the U.S.



H.E. Mr. Thomas Fletcher, Former British Ambassador to Lebanon, Visits SABIS® El-Metn



Celebrating 130th Anniversary of ISC-Choueifat on Teacher's Day



Teacher's Dinner Celebration was held at the Phoenicia Hotel. This SABIS® event celebrated not only Teacher's Day but also SABIS® 130th Anniversary. Staff from ISC-Choueifat and SABIS® El-Metn enjoyed a wonderful evening full of excitement and talent. Many staff members sang, acted, and danced as part of the Talent show.

It was a memorable evening where SABIS® El-Metn and ISC-Choueifat staff were united and inspired by the legacy.



Our Students

Level B



Level C



Level D



Level E



Level F



Level G



Level H



Levels I and J

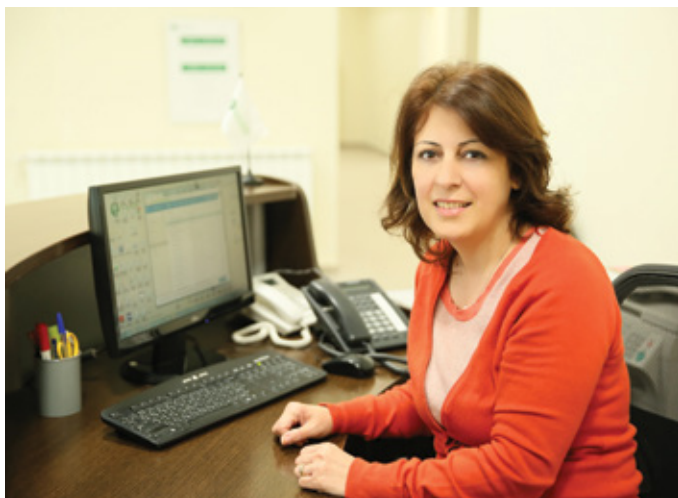


Levels K and L



Administration Staff

Thanks to our dedicated staff whose help and constant perseverance make our days at SABIS® El-Metn run smoothly.



Viviane El Halabi – School Receptionist



Pascale Rizk – School Supervisor



Joseph Harik – Maintenance Personnel

